

# Menus

**School:** Oakdale CCSD1

**Academic Year:** 2020-21

**Meal:** All

**Month:** October 2020

October				
M	Tu	W	Th	F
28 <b>Breakfast:</b> Poptarts & Fruit  <b>Lunch:</b> Ham & Cheese Sandwich, Green Beans, & Fruit	29 <b>Breakfast:</b> French Toast, Syrup, & Fruit  <b>Lunch:</b> Spaghetti w/ meat sauce, Peas, & Fruit	30 <b>Breakfast:</b> Cereal & Nutrigrain Bar  <b>Lunch:</b> Pancakes, Sausage, Syrup, & Fruit	1 <b>Breakfast:</b> Poptart & Fruit  <b>Lunch:</b> Meatloaf, Corn, & Fruit	2 <b>Breakfast:</b> Cheese Omelet & Fruit  <b>Lunch:</b> Pork Chop Fritter Sandwich, Green Beans, & Fruit
5 <b>Breakfast:</b> Poptarts & Fruit  <b>Lunch:</b> BBQ Chicken Sandwich, Peas, & Fruit	6 <b>Breakfast:</b> Breakfast Pizza & Fruit  <b>Lunch:</b> Salisbury Steak, Mashed Potatoes w/ Gravy, Corn, & Fruit	7 <b>Breakfast:</b> Waffles, Syrup, & Fruit  <b>Lunch:</b> Grilled Chicken Sandwich, Cooked Carrots, & Fruit	8 <b>Breakfast:</b> Cereal & Nutrigrain Bar  <b>Lunch:</b> Chicken Nuggets, Green Beans, & Fruit	9 <b>Breakfast:</b> Pancakes, Syrup, & Fruit  <b>Lunch:</b> Cheeseburger, Mixed Veggies, & Fruit
12	13 <b>Breakfast:</b> Oatmeal & Fruit  <b>Lunch:</b> Turkey w/ Gravy, Mashed Potatoes w/ Gravy, Corn, & Fruit	14 <b>Breakfast:</b> Biscuit & Gravy, & Fruit  <b>Lunch:</b> Chicken & Cheese Wrap, Carrots & Dip, & Fruit	15 <b>Breakfast:</b> Poptart & Fruit  <b>Lunch:</b> Out @ 11:30	16 <b>Breakfast:</b> Parent/Teacher Conference - No School
19 <b>Breakfast:</b> Pancakes, Syrup, & Fruit  <b>Lunch:</b> Chicken Patty Sandwich, Green Beans, & Fruit	20 <b>Breakfast:</b> Breakfast Burrito & Fruit  <b>Lunch:</b> BBQ Rib Sandwich, Baked Beans, & Fruit	21 <b>Breakfast:</b> French Toast, Syrup, & Fruit  <b>Lunch:</b> Chicken Alfredo, Carrots & Dip, & Fruit	22 <b>Breakfast:</b> Cereal & Nutrigrain Bar  <b>Lunch:</b> Popcorn Chicken, Peas, & Fruit	23 <b>Breakfast:</b> Poptart & Fruit  <b>Lunch:</b> Turkey & Cheese Wrap, Carrots & Dip, & Fruit
26 <b>Breakfast:</b> Cereal & Nutrigrain Bar  <b>Lunch:</b> Fish Sandwich, Chips, & Fruit	27 <b>Breakfast:</b> Sausage McMuffin & Fruit  <b>Lunch:</b> Cheese Pizza, Green Beans, & Fruit	28 <b>Breakfast:</b> Oatmeal & Fruit  <b>Lunch:</b> BBQ Pulled Pork Sandwich, Peas, & Fruit	29 <b>Breakfast:</b> Poptart & Fruit  <b>Lunch:</b> Mini Corn Dogs, Green Beans, & Fruit	30 <b>Breakfast:</b> Cereal, Toast, Jelly, & Fruit  <b>Lunch:</b> PB & J Pockets, Chips, & Fruit