

# Menus

School: Oakdale CCSD1

Academic Year: 2022-23

Meal: All

Month: September 2022

September				
M	Tu	W	Th	F
29 <b>Breakfast:</b> English Muffin, Jelly, & Fruit <b>Lunch:</b> Chicken Tenders, Peas, & Fruit	30 <b>Breakfast:</b> Cheese Omelet & Fruit <b>Lunch:</b> Bosco Sticks w/ Marinara, Green Beans, & Fruit	31 <b>Breakfast:</b> Pancakes, Syrup, & Fruit <b>Lunch:</b> Nachos w/ Cheese, Refried Beans, Salsa, & Fruit	1 <b>Breakfast:</b> Oatmeal & Fruit <b>Lunch:</b> Popcorn Chicken, Green Beans, & Fruit	2 <b>Breakfast:</b> Poptart & Fruit <b>Lunch:</b> Out @ 11:30
5	6 <b>Breakfast:</b> Cereal & Breakfast Bar <b>Lunch:</b> Chicken Patty Sandwich, Cooked Carrots, & Fruit	7 <b>Breakfast:</b> Waffles, Syrup, & Fruit <b>Lunch:</b> Cheese Pizza, Carrots & Dip, & Fruit	8 <b>Breakfast:</b> French Toast, Syrup, & Fruit <b>Lunch:</b> Sloppy Joe on Bun, Chips, & Fruit	9 <b>Breakfast:</b> Biscuit & Gravy, & Fruit <b>Lunch:</b> Mini Corn Dog, Mixed Veggies, & Fruit
12 <b>Breakfast:</b> Oatmeal & Fruit <b>Lunch:</b> Hot Dog on Bun, Green Beans, & Fruit	13 <b>Breakfast:</b> Pancakes, Syrup, & Fruit <b>Lunch:</b> Cheeseburger, Peas, & Fruit	14 <b>Breakfast:</b> Sausage Biscuit & Fruit <b>Lunch:</b> Chicken Alfredo, Cooked Carrots, & Fruit	15 <b>Breakfast:</b> Bagel, Cream Cheese, & Fruit <b>Lunch:</b> Pork Fritter Sandwich, Green Beans, & Fruit	16 <b>Breakfast:</b> Cereal & Nutrigrain Bar <b>Lunch:</b> Meat & Cheese Soft Tacos, Lettuce, Sour Cream, & Fruit
19 <b>Breakfast:</b> Poptart & Fruit <b>Lunch:</b> Grilled Chicken Sandwich, Green Beans, & Fruit	20 <b>Breakfast:</b> Breakfast Topper & Fruit <b>Lunch:</b> Fish Sandwich, Chips, & Fruit	21 <b>Breakfast:</b> French Toast, Syrup, & Fruit <b>Lunch:</b> BBQ Chicken Sandwich, Baked Beans, & Fruit	22 <b>Breakfast:</b> Breakfast Burrito & Fruit <b>Lunch:</b> Ham & Cheese Sandwich, Peas, & Fruit	23 <b>Breakfast:</b> English Muffin, Jelly, & Fruit <b>Lunch:</b> Out @ 11:30
26 <b>Breakfast:</b> Muffin, Yogurt, & Fruit <b>Lunch:</b> Meatloaf, Corn, & Fruit	27 <b>Breakfast:</b> Breakfast Pizza & Fruit <b>Lunch:</b> Pepperoni Pizza, Cooked Carrots, & Fruit	28 <b>Breakfast:</b> Sausage McMuffin & Fruit <b>Lunch:</b> Chicken Nuggets, Mixed Veggies, & Fruit	29 <b>Breakfast:</b> Cheese Omelet & Fruit <b>Lunch:</b> Pulled Pork Sandwich, Baked Beans, & Fruit	30 <b>Breakfast:</b> Oatmeal & Fruit <b>Lunch:</b> PB & J Pocket, Chips, & Fruit